KANSAS CITY, Mo. - Grand View (Iowa) jumped into the top spot for the first regular season NAIA Women's Wrestling Coaches' Top 20, while Life (Ga.) slid to second. The remaining top five teams all held strong with Cumberlands (Ky.), Providence (Mont.), and William Penn (Iowa) going three, four, five. Wayland Baptist (Texas) joined the Top 20 this week at No. 16 after receiving votes in the preseason rating.

Rating Methodology

- The ratings were voted upon by a panel of head coaches representing each of the five conferences.
- Two days prior to the national rating, each qualifying group rater submits the top 10 individuals from each weight class in the conference into the system. Only wrestlers listed on a conference ballot are considered for the national ballot.
- The top 20 individuals in each weight class is based on how each voter ranks the best individuals. An individual receives 20 points for each first-place vote, 19 for second place and so on through the list. This same point system is used to determine the team ranking.
- The highest and lowest ranking for each team (a non-rating is considered a low rating) is removed and the team's ranking will be recalculated with an additional point added to each team for every ballot
- Teams that receive only one point in the ballot are not considered "receiving votes."
- For the complete Top 20 calendar, click here.

RANK	LAST TIME	INSTITUTION	FINAL POINTS
1	2	Grand View (Iowa)	213
2	1	Life (Ga.)	193
3	3	Cumberlands (Ky.)	177
4	4	Providence (Mont.)	156
5	5	William Penn (Iowa)	131
6	6	Campbellsville (Ky.)	114
7	9	Texas Wesleyan	111
8	8	Missouri Valley	106
9	10	Southern Oregon	100
10	7	Indiana Tech	93
11	12	Doane (Neb.)	87
12	15	Ottawa (Kan.)	85
13	14	Oklahoma City	72
14	11	Hastings (Neb.)	69
15	13	Baker (Kan.)	55
16	RV	Wayland Baptist (Texas)	53
17	15	Eastern Oregon	51
17	20	Lindsey Wilson (Ky.)	51
19	19	Midland (Neb.)	49
20	18	Central Methodist (Mo.)	44

Dropped from Top 20: Missouri Baptist

Receiving Votes: Missouri Baptist 43, Saint Mary (Kan.) 38, Evergreen State (Wash.) 36, Lourdes (Ohio) 27, Friends (Kan.) 25, Dickinson State (N.D.) 22, York (Neb.) 15, Avila (Mo.) 15, Waldorf (Iowa) 14, Jarvis Christian (Texas) 14, Siena Heights (Mich.) 9, Brewton-Parker (Ga.) 8, Jamestown (N.D.) 6